

# Spa Finder

## Maya Resort & Spa, Bali

*Perched majestically above a bubbling river valley is the beautiful Maya Spa, part of the Maya Ubud Resort. To visit here is an unforgettable treat to truly rejuvenate, relax and restore your body, mind and soul.*



To reach the spa, you must first walk down a series of steps that take you through lush foliage, until you come across an inviting infinity pool, riverside café and the spa entrance.

The private treatment rooms are perched over the gurgling Petanu River and are open to the natural rainforest sounds. No need for piped birdsong and

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tranquil music when you’ve got the real thing! The wooden interiors of the rooms and low ambient lighting create a warm and intimate space for your indulgent pampering session. Just let yourself go and be immersed in the beauty this unique spa location offers.

Three new double treatment pavilions were added last December. They’re connected to the existing spa by a boardwalk along the river’s edge, which also features an open-air reflexology deck suspended over the river. As you can imagine, the layout delivers stunning views of the waters below and the all-encompassing rain forest.



There is an extensive menu of treatments, including some definite highlights such as the Harmony Duo massage where two therapists work in tandem to release tight muscles. Also worth asking for are the Herbal Treatment, where traditional Balinese remedies are used to warm and revive the body, and a fragrant aromatic Flower Bath, which is just heavenly.

Balinese massage is known for firm finger and palm pressure, with sparing use of oils to ease away tension and invigorate the body. Once you’ve experienced the pampering effect of true Balinese massage it will be hard to resist indulging as often as you can. The spa at The Maya is perfect for a tranquil getaway and a spa memory that will be etched in your mind and difficult to surpass. ✦

Note: Before travelling to Bali please check for any travel warnings that may be in place - <http://safetravel.govt.nz>